



Adapted Physical Education Resource Manual



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Introduction

The purpose of this manual is to assist parents, educators, administrators, professionals, students, and other interested parties in finding resources related to adapted physical education. All resources culminated in this document are linked to the internet. It is the goal of the authors to facilitate the research of those interested in the field by compiling many links into one valuable resource.

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Chapter 1 Disability Organizations

Below are organizations providing information and support. Click on the indexed link to jump to the web link, mission statement, and contact information for each organization.

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Find further contact information and mission statements below on the following page.

Council for Exceptional Children (CEC)

1110 North Glebe Road
Suite 300
Arlington, VA 22201
703-620-3660
[http:// www.cec.sped.org](http://www.cec.sped.org)

Mission

The Council for Exceptional Children (CEC) is dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted. CEC advocates for appropriate governmental policies, sets professional standards, provides continual professional development, advocates for newly and historically underserved individuals with exceptionalities, and helps professionals obtain conditions and resources necessary for effective professional practice.

Disabled Sports USA

451 Hungerford Drive
Suite 100
Rockville, MD 20850
301-217-0960
<http://www.disabledsportsusa.org/>

Mission

A national nonprofit organization offering nationwide sports rehabilitation programs to anyone with a permanent disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. Participants include those with visual impairments, amputations, spinal cord injury, dwarfism, multiple sclerosis, head injury, cerebral palsy, and other neuromuscular and orthopedic conditions.

Inclusive Fitness Coalition

Mission

The mission of the Inclusive Fitness Coalition is to facilitate an expanded coordination of organizations and individuals to address the complexity of personal, social, cultural, political, and economic factors that influence -positively and negatively - the participation of people with disabilities in physical activity, fitness, sports and recreation.

The National Center on Physical Activity and Disability

1640 W. Roosevelt Rd.
Chicago, IL 60608-6904
800-900-8086
<http://www.ncpad.org/>

Mission

The mission of the National Center on Physical Activity and Disability (NCPAD) is to promote substantial health benefits that can be gained from participating in regular physical activity. The slogan of NCPAD is *Exercise is for EVERY body*, and every person can gain some health benefit from being more physically active. This site provides information and resources that can enable people with disabilities to become as physically active as they choose to be.

NCPERID: National Consortium for Physical Education for Individuals with Disabilities**Mission**

The Mission of the National Consortium for Physical Education and Recreation for Individuals with Disabilities is to promote research, professional preparation, service delivery, and advocacy of Physical Education and Recreation for individuals with disabilities.

PACER: Parent Advocacy Coalition for Educational Rights

8161 Normandale Blvd.
Minneapolis, MN 55437
952-838-9000
<http://www.pacer.org>

Mission

The mission of PACER Center is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents.

PE Central: Adapted Physical Education

PO Box 10262
Blacksburg, VA 24062
800-783-8124
<http://www.pecentral.org/adapted/adaptedmenu.html>

Mission

The adapted physical education section provides information on teaching physical education to students with disabilities.

Disability-Specific Organizations**Attention Deficit Disorder Association**

ADDA
P.O. Box 7557
Wilmington, DE 19803-9997
800-939-0119

Mission

The mission of ADDA is to provide information, resources and networking to adults with AD/HD and to the professionals who work with them. In doing so, ADDA generates hope, awareness, empowerment and connections worldwide in the field of AD/HD. Bringing together scientific perspectives and the human experience, the information and resources provided to individuals and families affected by AD/HD and professionals in the field focuses on diagnoses, treatments, strategies and techniques for helping adults with AD/HD lead better lives.

Children and Adults with Attention Deficit and Hyperactivity Disorder

8181 Professional Place
Suite 150
Landover, MD 20785
301-306-7070
<http://www.chadd.org>

Mission

CHADD represents individuals with AD/HD, for education, advocacy and support. The organization is composed of dedicated volunteers from around the country who play an integral part in the association's success by providing resources and encouragement to parents, educators and professionals on a grassroots level through CHADD chapters.

Autism Society of America

7910 Woodmont Avenue
Suite 300
Bethesda, MD 20814-3067
<http://www.autism-society.org/>

Mission

The Autism Society of America (ASA) is the leading voice and resource of the entire autism community in education, advocacy, services, research and support. The ASA is committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families. ASA accomplishes its ongoing mission through close collaboration with a successful network of chapters, members and supporters.

The American Council of the Blind

2200 Wilson Boulevard
Suite 650
Arlington, VA 22201
202-467-5081 and 800-424-8666
<http://www.acb.org>

Mission

The Council strives to improve the well-being of all blind and visually impaired people by: serving as a representative national organization of blind people; elevating the social, economic and cultural levels of blind people; improving educational and rehabilitation facilities and opportunities; cooperating with the public and private institutions and organizations concerned with blind services; encouraging and assisting all blind persons to develop their abilities and conducting a public education program to promote greater understanding of blindness and the capabilities of blind people.

National Federation of the Blind

1800 Johnson Street
Baltimore, MD 21230
410-659-9314
<http://www.nfb.org/>

Mission

The mission of the National Federation of the Blind is to achieve widespread emotional acceptance and intellectual understanding that the real problem of blindness is not the loss of eyesight but the misconceptions and lack of information which exist. We do this by bringing blind people together to share successes, to support each other in times of failure, and to create imaginative solutions.

United Cerebral Palsy

1660 L Street
NW, Suite 700
Washington, DC 20036
800-872-5827
<http://www.ucp.org/>

Mission

United Cerebral Palsy's mission is to advance the independence, productivity and full citizenship of people with disabilities through an affiliate network.

The American Diabetes Association

1701 North Beauregard Street
Alexandria, VA 22311
800-342-2383
<http://www.diabetes.org/>

Mission

The mission of the Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. To fulfill this mission, the American Diabetes Association funds research, publishes scientific findings, provides information and other services to people with diabetes, their families, health

professionals and the public. The Association is also actively involved in advocating for scientific research and for the rights of people with diabetes.

National Diabetes Information Clearinghouse

1 Information Way
Bethesda, MD 20892–3560
800–860–8747
<http://diabetes.niddk.nih.gov/about/index.htm>

Mission

The National Diabetes Information Clearinghouse (NDIC) is an information dissemination service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). The NIDDK is part of the National Institutes of Health (NIH), one of eight health agencies of the Public Health Service, which is under the U.S. Department of Health and Human Services. NDIC was established to increase knowledge and understanding about diabetes among patients, health care professionals, and the general public. To carry out this mission, NDIC works closely with NIDDK's Diabetes Research and Training Centers; the National Diabetes Education Program (NDEP); professional, patient, and voluntary associations; Government agencies; and State health departments to identify and respond to informational needs about diabetes and its management.

The Epilepsy Foundation

8301 Professional Place
Landover, MD 20785-7223
800-332-1000
<http://www.epilepsyfoundation.org/>

Mission

The Epilepsy Foundation will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through research, education, advocacy, and services. The Epilepsy Foundation is the national organization that works for people affected by seizures through research, education, advocacy and service. We are an organization of volunteers committed to the prevention and cure of epilepsy and a positive quality of life for everyone who lives with seizure disorders. Our current strategic goals include broadening and strengthening of research, providing individuals and families with easy access to reliable information, and assuring access to appropriate medical care for those affected by seizures.

Muscular Dystrophy Association of the United States of America

Muscular Dystrophy Association - USA

National Headquarters

3300 E. Sunrise Drive

Tucson, AZ 85718

800-572-1717

mda@mdausa.org

<http://www.mdausa.org>

Mission

MDA combats neuromuscular diseases through programs of worldwide research, comprehensive medical and community services, and far-reaching professional and public health education. With national headquarters in Tucson, MDA has more than 200 offices across the country, sponsors 230 hospital-affiliated clinics and supports nearly 400 research projects around the world. The Association's comprehensive service program includes medical examinations, flu shots, support groups, MDA summer

National Institute on Deafness and Other Communication Disorders (NIDCD)

31 Center Drive, MSC 2320

Bethesda, MD 20892-2320

301-496-7243

<http://www.nidcd.nih.gov/>

Mission

The National Institute on Deafness and Other Communication Disorders (NIDCD) is one of the Institutes that comprise the National Institutes of Health (NIH). The NIDCD is mandated to conduct and support biomedical and behavioral research and research training in the normal and disordered processes of hearing, balance, smell, taste, voice, speech, and language. The Institute also conducts and supports research and research training related to disease prevention and health promotion; addresses special biomedical and behavioral problems associated with people who have communication impairments or disorders; and supports efforts to create devices which substitute for lost and impaired sensory and communication function.

National Association of the Deaf

8630 Fenton Street

Suite 820

Silver Spring, MD 20910-3876

301-587-1788

<http://www.nad.org/>

Mission

The mission of the National Association of the Deaf is to promote, protect, and preserve the rights and quality of life of deaf and hard of hearing individuals in the United States of America.

National Center for Learning Disorders

381 Park Avenue South
Suite 1401
New York, NY 10016
212-545-7510
<http://www.nclld.org/>

Mission

The National Center for Learning Disabilities (NCLD) works to ensure that the nation's 15 million children, adolescents and adults with learning disabilities have every opportunity to succeed in school, work and life. NCLD provides essential information to parents, professionals and individuals with learning disabilities, promotes research and programs to foster effective learning and advocates for policies to protect and strengthen educational rights and opportunities.

Learning Disabilities Association of America

4156 Library Road
Pittsburgh, PA 15234-1349
412-341-1515
<http://www.lidaamerica.org/>

Mission

LDA's mission is to create opportunities for success for all individuals affected by learning disabilities and to reduce the incidence of learning disabilities in future generations. LDA visualizes a world in which all individuals with learning disabilities are empowered to thrive and participate fully in society; the incidence of learning disabilities is reduced; and learning disabilities are universally understood and effectively addressed.

The Arc

1010 Wayne Avenue
Suite 650
Silver Spring, MD 20910
301-565-3842
<http://www.thearc.org/>

Mission

The Arc of the United States advocates for the rights and full participation of all children and adults with intellectual and developmental disabilities. Together with our network of members and affiliated chapters, we improve systems of supports and services; connect families; inspire communities and influence public policy.

The Arc is the national organization of and for people with mental retardation and related developmental disabilities and their families. It is devoted to promoting and improving supports and services for people with mental retardation and their families. The association also fosters research and education regarding the prevention of mental retardation in infants and young children.

National Down Syndrome Society

666 Broadway
New York, NY 10012
800-221-4602
www.ndss.org

Mission

The mission of the National Down Syndrome Society is to benefit people with Down syndrome and their families through national leadership, education, research, and advocacy.

American Association on Intellectual and Developmental Disabilities

444 North Capitol St.
Suite 846
Washington, DC 20001
800-424-3688
<http://www.aamr.org>

Mission

The AAMR promotes progressive policies, sound research, effective practices, and universal human right for people with intellectual and developmental disabilities.

Chapter 2 Disability Sport Organizations

Below are organizations providing information and support. Click on the indexed link to jump to the web link and description for each organization.

- ✂ [Activeamp.org](#)
- ✂ [Adaptive Adventure Sports Coalition](#)
- ✂ [Adaptive Sports Center](#)
- ✂ [America's Athletes With Disabilities, Inc.](#)
- ✂ [American Amputee Soccer Association](#)
- ✂ [Athletes Helping Athletes](#)
- ✂ [Blaze Sports America](#)
- ✂ [Blind Sailing International](#)
- ✂ [Cerebral Palsy International Sports and Recreation Association \(CPISRA\)](#)
- ✂ [Challenged Athletes Foundation](#)
- ✂ [Children's Golf Foundation Inc.](#)
- ✂ [Shooting 4 Disabled](#)
- ✂ [Disabled Sports USA](#)
- ✂ [Dwarf Athletic Association of America](#)
- ✂ [Goal Ball](#)
- ✂ [Inclusive Fitness Coalition](#)
- ✂ [International Paralympic Committee — United Kingdom](#)
- ✂ [International Sports Federation for Persons with an Intellectual Disability \(INAS-FID\)](#)
- ✂ [International Sports Organization of the Deaf \(CISS\)](#)
- ✂ [International Wheelchair and Amputee Sports Federation \(IWAS\)](#)
- ✂ [National Sports Center for the Disabled](#)
- ✂ [National Wheelchair Basketball Association](#)
- ✂ [Skating Association for the Blind and Handicapped, Inc. \(SABAH\)](#)
- ✂ [Special Olympics](#)
- ✂ [United States Quad Rugby Association](#)
- ✂ [World T.E.A.M. Sports](#)

Disability Sport Organizations, Descriptions and Web Links

Activeamp.org

Provides adaptive sports news, details of events, contacts, and information links for amputees.

www.activeamp.org

The Adaptive Adventure Sports Coalition (TAASC)

Non-profit organization with the mission to enhance the quality of people with disabilities through sports and recreation activities.

<http://www.taasc.org/>

Adaptive Sports Center

The Adaptive Sports Center (ASC) is a 501(c)(3) non-profit organization that seeks to improve the quality of life of people with disabilities through outdoor adventure activities. The programs we offer are inclusive to families and friends, empower our participants in their daily lives and have an enduring impact on their health, self-confidence and well-being.

<http://www.adaptivesports.org>

American Amputee Soccer Association

Non-profit association with the mission to promote social interaction, self-esteem, and self-confidence among youth and adults through recreational and soccer competition.

<http://www.ampsoccer.org/>

American Association of Adapted Sports Programs (AAASP)

The American Association of Adapted Sports Programs, Inc. (AAASP) is a Georgia-based nonprofit organization that builds interscholastic sports leagues for students with physical disabilities or visual impairments in grades 1 through 12. AAASP serves as the governing body, athletic association for these sports programs, and develops and operates statewide league programs and has developed a comprehensive training and certification infrastructure for AAASP coaches, officials, and coordinators, as well as for physical activity professionals nationwide.

<http://www.adaptedsports.org/>

America's Athletes With Disabilities, Inc.

Consortium of five member disabled sports organizations whose mission is to raise and manage the funds necessary to support athletic competitions for disabled persons.

www.americasathletes.org

Athletes Helping Athletes

Provide handcycles, wheelchairs, prosthetics and other adaptive sports equipment to children with disabilities. Includes event list, grant application, letters from recipients, and donation information.

<http://www.roadrunnersports.com/cgi-bin/rrs/aha/ahaHome.jsp>

BlazeSports America

BlazeSports America provides sports training, competitions, and other sport and recreation activities to youth and adults who are wheelchair users, have a visual impairment, have an amputation, or who have a neurological disability (e.g., cerebral palsy, spina bifida). Participants can start as early as 6 years-old of age (depending on the program), through adulthood.

<http://www.blazesports.org/>

Blind Sailing International

The governing body for competitive international sailing for persons who are blind or visually impaired.

<http://www.blindsailing.net/>

Cerebral Palsy International Sports and Recreation Association (CPISRA)

International association of professionals committed to increase the opportunities of people with cerebral palsy to participate in sport, recreation and/or leisure activities of their choosing.

<http://www.cpisra.org/>

Challenged Athletes Foundation

Charity providing grants to athletes with a physical disability. History, news, grantees, newsletter and how to apply for funds.

<http://www.challengedathletes.org/>

Children's Golf Foundation, Inc.

Based on West Palm Beach, the Children's Golf Foundation is dedicated to provide programming and instruction in golf to children with disabilities. Their main goal is to teach children with disabilities how to play the game of golf.

<http://www.childrengolf.org/>

Shooting 4 Disabled

Provides information about target shooting including equipment, positions, and instruction for people with disabilities.

<http://www.shooting4disabled.com/>

Disabled Sports USA

Offers sports rehabilitation programs throughout the U.S. to anyone with a permanent disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. Participants include those with visual impairments, amputations, spinal cord injury, dwarfism, multiple

sclerosis, head injury, cerebral palsy, and other neuromuscular and orthopedic conditions.

<http://www.disabledsportsusa.org/>

Dwarf Athletic Association of America

Forms, news, events, contacts and association information from this organization that promotes sports for individuals who are dwarfs as a result of chondrodysplasia or related causes.

<http://www.daaa.org/>

Goal Ball

Goalball is a team sport designed for blind athletes. Participants compete in teams of three, and try to throw a ball that has bells embedded in it, into the opponents' goal. They must use the sound of the bell to judge the position and movement of the ball. Games consist of two 10 minute halves. Blindfolds allow partially sighted players to compete on an equal footing with blind players.

<http://www.dhamilton.net/goalball/>

International Paralympic Committee — United Kingdom

The international representative organization of elite sports for athletes with disabilities. IPC organizes, supervises and co-ordinates the Paralympic Games and other multi-disability competitions on elite sports level, of which the most important are world and regional championships. It is an international non-profit organization formed and run by 160 National Paralympic Committees and 5 disability specific international sports federations.

http://www.paralympic.org/release/Main_Sections_Menu/index.html

International Sports Federation for Persons with an Intellectual Disability (INAS-FID)

The philosophy of INAS-FID is based on the principle of normalization. This means that persons with intellectual disability are members of society entitled to the same rights, opportunities and duties as everyone else.

<http://www.inas.org/>

International Sports Organization of the Deaf (CISS)

Contains information about international competitions for the deaf, the executive committee, updated sports information, and more.

<http://www.deaflympics.com/>

International Wheelchair and Amputee Sports Federation (IWAS)

IWAS is a vibrant and constantly growing Federation providing opportunity for persons with a physical disability to participate in sport from grass roots to elite.

<http://www.iwasf.com/>

National Sports Center for the Disabled

Provides recreation and competitive opportunities for children and adults with disabilities. Activities include skiing, horseback riding, camping, rock climbing, plus education and outreach programs.

<http://nscd.org/>

National Wheelchair Basketball Association (NWBA)

Recognized as the oldest and largest disability sport organization in the United States. NWBA is a non-profit organization localized in Colorado Springs, Colorado. Their mission is to serve as the national governing body for men's, women's and youth wheelchair basketball in the United States.

<http://www.nwba.org/>

Skating Association for the Blind and Handicapped, Inc. (SABAH)

A not-for-profit educational corporation for children, youths and adults in Western New York.

www.sabahinc.org

Special Olympics

Global headquarters for the worldwide Special Olympics Movement, providing year-round sports training and competition for more than one million athletes.

www.specialolympics.org

World T.E.A.M. Sports

World T.E.A.M. Sports brings individuals with and without disabilities together to undertake unique athletic events throughout the world to encourage, promote, and develop opportunities in sports for all people. Our team oriented athletic events coupled with medical and educational outreach programs stimulate the power of learning through participation.

<http://www.worldteamsports.org/>

United States Quad Rugby Association

The mission of the US Quad Rugby Association is to develop, organize, and represent the sport of Quad Rugby in the United States.

<http://www.quadrugby.com/>

Chapter 3 Equipment Companies

Adapted/Regular Physical Education

The following websites contain equipment for both general and adapted physical education. Most adapted equipment is not listed under adapted physical education but under the sport that the equipment would be used in.

- ✈ Flaghouse <http://www.flaghouse.com>
- ✈ Discount School Supply <http://www.discountschoolsupply.com/>
- ✈ Gym Closet <http://www.gymcloset.com/>
- ✈ Gopher Sport <http://www.gophersport.com/>
- ✈ SSWW <http://www.ssw.com/>
- ✈ Palos Sports <http://www.palossports.com/>
- ✈ Athletic Stuff <http://www.athleticstuff.com/>
- ✈ Big Fitness <http://www.bigfitness.com/>

Bicycles

Blackbird Mobility: <http://www.blackbirdbikes.com/adaptive.htm>

Adaptive Equipment - Special Needs Customization

The Quadribents™ side by side recumbent bikes feature co-steering, which allows either rider to pilot the vehicle. The dual-drive allows people with different physical abilities to go biking together with either rider generating from 0 to 100 percent of the pedal power.

Lose the Training Wheels: <http://www.losethetrainingwheels.org>

Lose The Training Wheels™ is more than just a bike-riding program. For many children with disabilities, bike riding is a seemingly impossible task they can typically master in less than a week's time. Within days of learning to ride, many children exhibit independent behaviors for the first time ever. This achievement, in turn, creates a gateway of opportunity, helping them gain assurance and self-reliance in many other aspects of their lives.

Angle Tech Cycles: <http://www.angletechcycles.com/>

This website contains modified bicycles that allow a person to sit back and use their feet or hands to travel. This company can also create bikes according to special needs.

Wheelchairs/Mobility

MAKOA: <http://www.makoa.org/mobility.htm>

This phenomenal website links to many different websites about many wheelchairs. There are companies linked that make four-wheel drive wheelchairs, beach wheelchairs, all terrain wheelchairs and wheelchairs customized with fishing holes.

Sportaid: <http://www.sportaid.com/>

This unique wheelchair website has many various types of transportation devices for students who are not mobile without aid. It offers sports style wheelchairs to electronic carts. This website also has accessories that can be used to fix or improve the current wheelchair.

USA Tech Guide: <http://www.usatechguide.org/>

This is an informational website about wheelchairs and how to properly find the right kind of wheelchair for a specific person. There is a lot to take into consideration when picking a wheelchair and this site helps gives the pros and cons from seat depth to the kind of wheels to choose.

Spokes N Motion: <http://www.spokesnmotion.com>

This website has different kinds of chairs and equipment that allow a person to move within general areas and places like the beach. This website also contains adapted aquatic and winter skiing equipment.

Miscellaneous Equipment

Promed Products: <http://www.promedproducts.com/>

The fitness equipment on this site is great. Many of the items can be seen in a physical therapy clinic that a teacher can get for their school. Students can get equipment specific to help with their IEP goals.

PE Central: <http://www.pecentral.org/>

Our goal is to provide the latest information about developmentally appropriate physical education programs for children and youth.

Adaptive Mall: <http://www.adaptivemall.com/>

This is a helpful website that provides a variety of adapted products, such as strollers, therapy equipment, educational toys, walkers, etc. This equipment can be used in the home, for recreational outings and physical education.

Chapter 4 Education Websites and Lists

The purpose of this document is to provide parents, physical education teachers, and other related professionals a tool to identify schools across the United States that offer APE/APA/SPE (Special Physical Education) preparation programs. In addition, information on notable K-12 state-level websites, distance-learning and/or on-line courses are identified.

Adapted Physical Education National Standards (APENS)

The APENS web site contains resources to learn about the 15 APENS National Standards, the national certification exam and study guide, as well as alternative methods for becoming a nationally Certified Adapted Physical Educator (CAPE).

The following chart of higher education programs in adapted physical education can be found on the National Consortium of [Physical Education and Recreation for Individuals with Disabilities](#) website.

Adapted Physical Education (APE), Special Physical Education (SPE), and Adapted Physical Activity (APA) Higher Education Programs in the United States 2006

UG = Undergraduate Program; G-M = Masters Program; G-D = Doctoral Program;
APE-E/C = Endorsement or Certification

State	UG	G-M	G-D	APE - E/C	Online Courses	School / University
AR		Yes			No	University of Arkansas
CA	Yes	Yes	No		Yes	California State Polytechnic University, Pomona
CA	Yes	Yes	No	Yes	No	California State University, Chico
CA	Yes	Yes	No	Yes	No	California State University, Long Beach
CA	Yes	No	No	Yes	No	California State University, Sacramento
CA	Yes	Yes	No		No	California State University, San Bernardino
CA				Yes	No	California State University, Los Angeles
CA		Yes		Yes	No	Sonoma State University
FL	No	Yes	No		Yes	University of Florida

HI	No	Yes	No		No	University of Hawaii at Manoa
IL	No	Yes	No		No	Northern Illinois University
IL		Yes			No	Western Illinois University
IN		Yes	Yes		No	Indiana University Bloomington
IN	Yes	Yes	No		No	Ball State University
IN	Yes	No	No		No	Manchester College
LA	Yes	Yes	No	Yes	No	Southeastern Louisiana University
LA		Yes		Yes	No	University of New Orleans
MA	Yes	Yes			No	Bridgewater State University
MA		Yes			No	Springfield College
MI	Yes	Yes	No		No	Eastern Michigan University
MI	Yes	Yes	No		No	Michigan State University
MI	Yes	Yes	No	Yes	Yes	Saginaw Valley State University
MI	No	No	Yes		No	University of Michigan
MI	Yes	Yes	No	Yes	No	Wayne State University
MI	No	Yes	No		No	Western Michigan University
MN	Yes	No	No	Yes	No	Bemidji State University
MN	Yes	Yes	No	Yes	Yes	Minnesota State University, Mankato
MN	Yes	No	No		No	Minnesota State University Moorhead
MN	Yes	Yes	No		No	St. Cloud State University
MN	No	Yes	No	Yes	No	University of Minnesota
NC	No	Yes	No		No	East Carolina University
NC	No	Yes	No		No	North Carolina Agricultural and Technical State University
NC	No	Yes	No		No	North Carolina Central University
NE	Yes	Yes	No	Yes	Yes	University of Nebraska at Kearney

NM	No	Yes	No		Yes	New Mexico State University
NM	No	Yes	No		No	University of New Mexico
NV		Yes	Yes	Yes	No	University of Nevada Las Vegas
NY		Yes		Yes	No	Adelphi University
NY	Yes	No	No		No	Manhattan College
NY	Yes	Yes	No	Yes	No	State University of New York, Brockport
NY	Yes	Yes	No	Yes	Yes	State University of New York-Cortland
OH	No	Yes	Yes	Yes	No	The Ohio State University
OH	Yes	No	No		No	Wright State University
OR	No	Yes	Yes		No	Oregon State University
PA	Yes	No	No		No	Slippery Rock University of Pennsylvania
PA				Yes	No	University of Pittsburgh
PA	Yes	No	No		No	West Chester University of Pennsylvania
RI	Yes	No	No		No	Rhode Island College
TX		Yes			No	Texas A&M University
TX	Yes	Yes	Yes		Yes	Texas Woman's University
UT	Yes	Yes	Yes		No	University of Utah
VA	No	Yes	Yes		No	University of Virginia
WI	Yes	No	No	Yes	No	University of Wisconsin-Eau Claire
WI	Yes	Yes	No		No	University of Wisconsin-La Crosse
WI	Yes	No	No		Yes	University of Wisconsin-Madison
WI	Yes	No	No		No	University of Wisconsin-Oshkosh
WI	Yes	No	No		Yes	University of Wisconsin-Superior
WI	Yes	No	No		No	University of Wisconsin-River Falls

Selected program descriptions:**University of Arkansas**

This university offers a Master of Education degree in Physical Education with a concentration in APE. Students will complete 33 credit hours culminating their experience in either a Master's degree project or a Master's thesis.

Contact information:

Graduate Coordinator

Department of Health Science, Kinesiology, Recreation, and Dance

University of Arkansas

Fayetteville, AR 72701

501-575-2858

California State University, Chico

CSU Chico offers a Master of Arts program in Physical Education (30 credit hours) with the option to complete a Master's thesis or project, or a comprehensive examination. Students may take one of two courses of study for this program: APE and Pedagogy for individuals interested in teaching students with disabilities in school settings, and APE and Exercise Physiology for individuals who would like to work with adults with disabilities in community settings, and in either case, individuals may tailor their program of study to fit their needs and interests. This program also offers many service learning projects in the public schools and different clinics and community programs such as the Autism clinic, KIDS:PLAY, and BE:WEL community programs.

Contact information:

Rebecca Lytle, PhD

Adapted Physical Activity Program Coordinator

California State University, Chico

Yolo Hall 262

400 West First Street

Chico, CA 95929

530-898-4298

Sonoma State University

At Sonoma State, undergraduate physical education majors may seek to obtain a specialist credential in APE. Sonoma State also has a Master of Arts degree in APE that is tailored to fit the needs and interests of the student. Students graduating from this program will be able to demonstrate knowledge of their field of study, apply critical thinking and communication skills to various settings, understand research, develop responsibility and involvement at a professional level in their field, and be prepared to engage in profession related dialogue at the culmination of the program.

Contact information:

Dr. Elaine McHugh
Sonoma State University
PE 16
1801 East Cotati Ave
Rohnert Park, CA 94928
707-664-2660

elaine.mchugh@sonoma.edu

California State University, Los Angeles

California State University Los Angeles offers an APE specialist credential that can be obtained concurrently with a degree in physical education but is also available for individuals who already hold a teaching credential in physical education or an equivalent credential. This program is completed in 36 credit hours and upon completion enables individuals to teach APE in the state of California.

Contact information:

Dr. Dwan Bridges
School of Kinesiology and Nutritional Science
5151 State University Drive
Los Angeles, CA 90032
323-343-4658

dbridge@calstatela.edu

California State University, Sacramento

California State University Sacramento offers an APE credential that can be taken in addition to or with courses in physical education. This program can be completed in 21 credit hours, but may take more for an individual who is not a physical education major as there are prerequisite courses that are necessary to obtain the credential.

Contact information:

Fred Baldini, Department Chair
Sacramento State
6000 J Street
Sacramento, CA 95819-6073
916-278-6441

baldinif@csus.edu

University of Florida

The University of Florida offers a Master of Science degree (36 credit hours) with a specialization in Adapted Physical Activity. Students can elect to complete a Master's thesis, project, or a non-thesis option. The University of Florida also offers two online courses for individuals seeking further education through distance education: Adapted Physical Activity and Medical and Health Aspects

for Individuals with Disabilities. Both courses are offered in the fall, spring, and summer semesters and prepare individuals to take the APENS national examination.

Contact information:

Chris Stopka
Department of Health Education & Behavior
P.O. Box 118210
University of Florida
Gainesville, FL 32611-8210
Phone: (352) 392-0583 ext. 1259
352-392-1909
cstopka@hfp.ufl.edu

University of Hawai'i at Manoa

The University of Hawai'i at Manoa offers its students a Master of Science degree in Kinesiology and Leisure Science with a specialization in Physical Education/Adapted Physical Education (PE/APE). This is a two to three year program that provides students with research opportunities, field experiences, and advanced knowledge/skills in PE/APE. Exit requirements include at least 30 credit hours, and completion of a comprehensive examination and the APENS national exam.

Contact information:

Nathan M. Murata, PhD
Department & Graduate Chairperson
Department of Kinesiology and Leisure Science
1337 Lower Campus Road
PE/A Complex, Room 231
Honolulu, HI 96822
Office: (808)956-3807
808-956-7976
nmurata@hawaii.edu

Northern Illinois University

NIU offers a Master of Science degree in Physical Education with the option of completing a specialization in APE. The program is designed to prepare individuals to teach physical education to students with disabilities as well as to perform roles specific to APE consultation and culminates in a Master's thesis, Master's project, or Master's Interdisciplinary Inquiry in 31 credit hours of study.

Contact information:

Paul Carpenter
815-753-8284
knpe@niu.edu

Southern Illinois University Edwardsville

The program at SIUE provides students with a Master of Science in Education degree with a major in kinesiology (33 credits total). Within that concentration, students may focus their program of study on Special Physical Education, and is open to graduate students with and without teaching backgrounds. Students graduating from the SIUE program have the option to complete a comprehensive written exam or the Adapted Physical Education National Standards (APENS) exam.

Contact information:

E. William Vogler, Ed.D.

Professor and Chairperson

Department of Kinesiology and Health Education

Southern Illinois University Edwardsville

Campus Box 1126

Edwardsville, Illinois 62026

618-650-2984

wvogler@siue.edu

Western Illinois University

Western Illinois University offers a Master of Science degree in Kinesiology with a focus on APE. Students will have completed one of three options upon graduation: a Master's thesis (32 semester credit hours), a comprehensive exam (38 semester credit hours), or a synthesis paper of an internship experience (38 semester credit hours).

Contact information:

Christopher Kovacs

Kinesiology 220C Brophy Hall

309-298-1981

kinesiology@wiu.edu

Indiana University Bloomington

The IUB program offers a Master of Science or Doctor of Philosophy degree with a concentration in Adapted Physical Education (36 credits total). If Masters students possess a teaching degree, graduates will be able to apply for certification in APE. Courses in this curriculum offer students the latest information in the field of APE. Students in this program have the option to complete a Masters thesis (additional credit hours are required for this option) or the options to take the APENS exam or a comprehensive exam.

Contact information:

Dr. Georgia Frey or Dr. Frances (Mike) Kozub

Associate Dean for Academic Program Administration

School of Health, Physical Education, and Recreation

HPER 121
Indiana University
Bloomington, IN 47405-4801
812-855-1561
HPER@indiana.edu

Ball State University

Ball State University provides its students with a Master of Art or a Master of Science degree with a specialization in Adapted Physical Education. The mission of the Adapted Physical Education specialization is to provide students a link between the theory learned in the coursework and the practical side of APE. Students also have the opportunity to work in different practicum sites as well as to participate in research dealing with individuals with disabilities.

Contact information:
Graduate Coordinator
Sport and Physical Education Graduate Programs
School of Physical Education, Sport, and Exercise Science
Muncie, IN 47306
765-285-1462

Manchester College

Manchester College offers an undergraduate physical education degree with a certification in APE. Students have the option to complete this certification along with a teaching certification upon graduation.

Contact information:
Dr. Lana Groombridge
604 E. College Avenue
North Manchester, Indiana 46962
260-982-5353
LLGroombridge@manchester.edu

University of New Orleans

This APE specialization program prepares individuals to teach children with disabilities in APE settings. This program provides a number of courses as well as experiences teaching students with disabilities to its graduate students (33-36 credits total). Students will graduate with a Master of Education degree with a certification to teach APE.

Contact information:
Lorelei Cropley, PhD, RN
Associate Professor, Graduate Coordinator
University of New Orleans
Lakefront

2000 Lakeshore Drive
New Orleans, LA 70148
504-280-6421

lcropley@uno.edu

Bridgewater State University

Bridgewater State University offers a Bachelor of Science degree and a Master of Science degree in Physical Education with a concentration in APE. The concentration in APE prepares individuals to work with students who have unique needs and to meet the needs of these students. Practicum experiences are offered both on and off campus in order to prepare individuals to work in a variety of settings post graduation. Students in the Master's program will take 27-33 credit hours in addition to core physical education courses to obtain the concentration in APE.

Contact information:

Robert Haslam
Movement Arts, Health Promotion & Leisure Studies
Bridgewater State College
Tinsley Center, Rm 232
Bridgewater, MA 02325
508-531-1215

rhaslam@bridgew.edu

Springfield College

Springfield College offers a Master of Science degree with a concentration in Adapted Physical Education.

Contact information:

Donald Shaw, Jr.
Department of Health, PE & Recreation
263 Alden Street
Springfield, MA 01109
413-748-3225

admissions@springfieldcollege.edu

Eastern Michigan University

Eastern Michigan offers a Master of Science degree in Physical Education Interdisciplinary Adapted Physical Education (PEAD). Students will be able to complete their degree by taking APE courses both at Eastern Michigan and Michigan State University in 33 credit hours with the option to complete a Master's thesis or Master's project.

Contact information:

Dr. Ian R. Haslam
Department Head

School of Health Promotion and Human Performance
Eastern Michigan University
Ypsilanti, MI 48197
734-487-7120 ext. 4388
ian.haslam@emich.edu

Western Michigan University

Western Michigan offers a Master of Arts degree with an emphasis on Special/APE. In this program, students are prepared by completing 36 hours of required coursework and a Master's thesis in order to graduate and receive certification as an APE teacher in the state of Michigan. Students have the option to receive a minor in APE from Western Michigan to become a certified APE teacher.

Contact information:

Dr. Jiabei Zhang
4024 Student Recreation Center
Western Michigan University
Kalamazoo MI 49008-5426
269-387-2949
ZHANGJ@wmich.edu

Michigan State University

Students in this program receive a Master of Science degree with a concentration in Adapted Physical Activity. With this degree, students may work in many different fields such as coaching and teaching individuals with disabilities, and prepares students for doctoral study as well. Students in the Master degree program complete part of their coursework at Eastern Michigan University in a joint degree program. Students will complete 30 semester credit hours culminating in one of four experiences: (a) Master's thesis, (b) Master's project, (c) Internship (60 hours per semester credit), or (d) Comprehensive examination. Students are expected to show evidence of professional involvement, demonstrate their teaching effectiveness within an APA setting, and to know and understand the role of research in an APA setting.

Contact information:

Department of Kinesiology
138 IM Sports Circle
Michigan State University
East Lansing, MI 48824-1049

Saginaw Valley State University

This program offers a Masters of Arts in Teaching (MAT) to already endorsed individuals in special education or PETE (36 credits). In addition, the program offers an endorsement in APE (19 credits) to prepare prospective and current teachers to become effective in teaching individuals with disabilities as direct

service providers or as a collaborative team member in the schooling process for individuals with disabilities. Individuals completing this program will become Certified Adapted Physical Educators through taking the APENS national examination.

Contact information:

Dr. Robert Pratt and Dr. Jennifer Bridges
Coordinators, Physical Education Teacher Education
7400 Bay Road
University Center, MI 48710
989-964-4622

rpratt@svsu.edu; bridges@svsu.edu

Wayne State University

At Wayne State University, students have the option of completing an APE endorsement. In this case, potential students must hold a valid Michigan teaching certificate in physical education or special education along with a baccalaureate degree. Students in the endorsement program will take 12 credits of courses in APE and 12 in approved special education courses.

Contact information:

Jeffrey Martin
Kinesiology, Health and Sport Studies
265 Matthaei Physical Education Center
Wayne State University
Detroit, MI 48202
313-577-1381

aa3975@wayne.edu

Minnesota State University Mankato

The student's program of study is determined by the type of degree they seek (Master of Arts or Master of Sciences), but Minnesota State University Mankato allows their students to design the course of study to fit their needs in Developmental/Adapted Physical Education (D/APE). Students have the option to complete a thesis or an alternate plan paper to be eligible to graduate. To obtain licensure in D/APE the student must first have an undergraduate teaching degree in physical education.

Contact information:

Dr. Sherry Folsom-Meek, Coordinator
Minnesota State University
228 Wiecking Ctr.
Mankato, MN 56001-6062
507-389-2626

sherry.folsom-meek@mnsu.edu

St. Cloud State University

St. Cloud offers a Master of Science degree in Physical Education with an emphasis on Developmental/APE. Students may choose one of two plans to complete their degree; Plan A requires the students to write a Master's thesis and can be completed in 30 semester credit hours, while Plan B requires the students to finish a Master's paper and take an oral examination over the paper. Plan B can be completed in 33 semester credit hours, and both plans may be for full or part time students.

Contact information:

Department of Health, Physical Education, Recreation, and Sport Science
327 Halenbeck Hall
St. Cloud, MN 56301
320-308-2155
hperss@stcloudstate.edu

University of Minnesota

This program offers a licensure/ additional licensure in Developmental and APE (D/APE). This licensure can be completed in 19 credit hours that can also be applied to a Master of Education degree in Applied Kinesiology for a total of 30 credit hours.

Contact information:

School of Kinesiology
1900 University Ave SE
Minneapolis, MN 55455
612-625-5300
kin@umn.edu

North Carolina Central University

Students attending NCCU will graduate with a Master of Science degree in APE. The program is designed to tie theory to practice in working with individuals with varying disabilities in many practicum settings. Students will complete 36 semester credit hours and must have an undergraduate degree in physical education or a similar/related field to be admitted into the program, and will complete the program by writing a Masters thesis.

Contact information:

Chairperson
Department of Physical Education and Recreation
P.O. Box 19542
North Carolina Central University
Durham, NC 27707

919-560-6186

politano@wpo.nccu.edu

East Carolina University

East Carolina University offers a Master of Arts and Master of Education degree in APE. In 36 semester hours, students will be able to tie theory to practice by working in a variety of practicum experiences with individuals with different disabilities. This program prepares students to teach individuals with disabilities as well as to act as a consultant in the education process. Students have to option to work on a thesis or non-thesis track in this program.

Contact information:

Dr. James Decker

168 Minges Coliseum

Greenville, NC 27858

252-328-0001

deckerj@mail.ecu.edu

New Mexico State University

New Mexico State offers students a Master of Arts in Education degree with a graduate minor in APE. The mission of this program is to provide individualized instruction to individuals with disabilities and to provide the students at NMSU with the knowledge and abilities to appropriately teach and plan for teaching individuals with disabilities. The program is based on the APENS national standards, with the goal to graduate Certified APE (CAPE) teachers. This program also offers one online course entitled: Adapted Physical Education National Standards Professional Preparation for those who may not live near the university.

Contact information:

Scott J. Pedersen, Ph.D., CAPE

Assistant Professor

Physical Education, Recreation and Dance Department

New Mexico State University

P.O. Box 30001 MSC-3M

Las Cruces, NM 88003

pedersen@nmsu.edu

University of Nevada Las Vegas

UNLV offers both a Master of Science and Master of Education in Sports Education Leadership degree with a concentration in APE/APE endorsement (36 semester credit hours). The Master of Science program is a thesis track program, while the Master of Education program is a non-thesis track program culminating in a project or written exam. This university also offers a Doctor of Philosophy degree in Sports Education with a concentration in APE, which requires 66 hours of courses beyond the Master's degree.

Contact information:
 University of Nevada Las Vegas
 Department of Sports Education Leadership
 4505 Maryland Parkway
 P.O. Box 453031
 Las Vegas , NV 89154-3031
 702-895-5057

State University of New York College at Cortland

SUNY Cortland offers its students a Master of Science in Education in Physical Education with a specialization in APE. The mission of this program is to develop individuals who are well rounded and knowledgeable agents of change. The specialization focuses on the APENS national standards and prepares individuals to work with students with varying disabilities. Individuals in this program will complete 30 credit hours cumulating in either a thesis or comprehensive examination.

Contact information:
 Jerry Casciani
 Department Chair, Department of Physical Education
 E 255 Park Center
 SUNY Cortland
 P.O. Box 2000
 Cortland, NY 13045
 607-753-5577
cascianij@cortland.edu

Adelphi University

Adelphi offers a Master of Arts degree in Physical Education with an emphasis on APE accompanied by an Adelphi certificate in APE. The program is designed to improve teaching skills, offer research opportunities, and introduce students to the many career opportunities in APE. The program of study can be designed to meet the needs and interests of the student.

Contact information:
 Adelphi University
 Department of Health Studies, Physical Education, and Human Performance
 Science
 Woodruff Hall, Gymnasium
 1 South Avenue
 P.O. BOX 701
 Garden City, NY 11530-0701
 516-877-4260

The State University of New York, College at Brockport

SUNY Brockport prides itself in being the first university to offer specialization in APE across the country in 1968. Students in this program complete a number of practicum and field experiences throughout their educational process at SUNY Brockport. Recently, SUNY Brockport has received a federal grant from the U.S. Department of Education to provide scholarships for graduate students seeking a degree in APE. Potential students seeking professional certification need to have a teaching certificate in physical education, while non-certification students should have completed at least 12 semester hours of physical education related coursework. Students will graduate with a Master of Science degree with a concentration in APE or early childhood APE (30 semester credits total).

Contact information:

Joseph P. Winnick, Ed.D.
Department of Physical Education & Sport
SUNY College at Brockport
350 New Campus Drive
Brockport, New York 14420-2994
585-395-2383

JWinnick@brockport.edu

The Ohio State University, Main Campus

The mission of the APE program at OSU is to provide its students with opportunities to work with individuals with disabilities in various community settings as well as through various research projects. OSU offers its students Master of Arts (53-60 credits total) and Doctor of Philosophy degrees in Adapted Physical Education. Prospective students who are current physical education teachers may also work toward an Ohio endorsement certificate in APE. Students completing the Masters degree and endorsement certificate take the APENS national certification exam and Masters students must also complete a comprehensive exam or thesis in order to graduate. Both the Masters and Doctoral students have the opportunity to work in various settings with individuals with disabilities as well as to teach and supervise undergraduate students in a lab setting.

Contact information:

David Porretta, Ph.D.
1760 Neil Avenue
Pomerene Hall, Room 202
Columbus, OH 43210
614-292-0849

porretta.1@osu.edu

Wright State University

Wright State offers an undergraduate major in APE. In this program students are given the necessary knowledge to become effective teachers and are given many opportunities to apply the knowledge in a variety of practicum experiences working with individuals with disabilities.

Contact information:

Dr. Willie Gayle
3640 Colonel Glenn Highway
316 Nutter Center
Dayton, OH 45435
937-775-2615

willie.gayle@wright.edu

Oregon State University

Oregon State offers a Master of Science degree in Movement Studies in Disability and a Doctor of Philosophy in Exercise and Sport Science degree in Movement Studies in Disability. Both programs are designed to help graduates to work effectively with individuals with disabilities in their motor and fitness needs as well as participate in various research projects. This program provides in depth theory classes in which the students have the opportunity to put into practice in different field experiences working with individuals with disabilities.

Contact information:

Jeff McCubbin
College of Health and Human Sciences
123A Women's Building
Corvallis, OR 97331-5109
541-737-5921

jeff.mccubbin@oregonstate.edu

University of Pittsburgh

The University of Pittsburgh offers a certificate in APE that targets health and physical education teachers to enhance their knowledge and skills for teaching students with disabilities as well as to facilitate inclusion within their general education classes. Individuals seeking to complete the APE certification process must take 24 credit hours that include at least six credits in the core specialization.

Contact information:

Graduate Coordinator
Department of Health and Physical Activity
140 Trees Hall
412-648-8320

hpred@pitt.edu

Texas A&M University

This program offers Master of Education and Master of Science degrees in Adapted Physical Education, potential Masters students are encouraged to have teaching experience prior to entering the program.

Contact information:

Ron McBride (Pedagogy) (979) 845-8788
Stephen Dorman (Department Head) (979) 845-1333
Department of Kinesiology
Texas A&M University
College Station, TX 77843
979-845-3209

Texas Woman's University

TWU offers its students a Master of Science degree in APE as well as a Doctor of Philosophy degree in Adapted Physical Activity (APA). The Masters degree program is a 36 credit hour program cumulating in a Masters thesis or non-thesis project, professional portfolio, and completing the APENS national exam; this program is possible to complete in one calendar year. The emphasis of this program is on preparing students to work with individuals with low incidence disabilities in the least restrictive environment. The PhD program offers students many opportunities to complete projects and make presentations to build their professional portfolio. Students completing this well known doctoral program are identified as highly qualified teacher educators in APA. It is recommended that potential doctoral students have a minimum of two years of teaching experience prior to entering the program.

Contact information:

Dr. Ronald French
Dept. of Kinesiology, Pioneer Hall 208
P.O. Box 425647
Denton, TX 76204-5647
940-898-2582

RFrench@twu.edu

University of Utah

The University of Utah offers both a Master of Science and Doctor of Philosophy degree in Special Physical Education. The two-year Master's program is designed to develop teaching skills through a series of practicum experiences in order to develop an effective special physical education teacher and both a thesis (32 credit hours) and non-thesis (36 credit hours) program of study is available. The Doctoral program emphasizes research and practicum experiences to provide future teacher educators who are knowledgeable in the field both in theory and practice.

Contact information:

Hester L. Henderson, Ph.D.
Director of Special Physical Education Program
Department of Exercise and Sport Science
250 South 1850 East Room 241
Salt Lake City, UT 84112-0920
801-581-7964

hester.henderson@health.utah.edu

University of Virginia

The University of Virginia offers several graduate programs in APE. The Master of Education in APE focuses heavily on practical experiences where Master's students teach APE in the surrounding public schools; this program can be completed in just over one year- two summers and two semesters (fall and spring). In addition, the University of Virginia offers Doctor of Philosophy and Doctor of Education degrees in APE. The Doctor of Philosophy degree program focuses heavily on research in preparing doctoral students to teach at research one institutions of higher education. The Doctor of Education degree program focuses on research as well as preparing doctoral students to be professors in teacher-training universities.

Contact information:

Luke Kelly
Memorial Gymnasium 221
Charlottesville, Va. 22904-4261
434-243-2314

lek@virginia.edu

University of Wisconsin at LaCrosse

The University of Wisconsin at LaCrosse offers a Master of Science degree in Physical Education Teaching with a Special Populations Emphasis (35 credits total). The mission of the Special Populations Programs at UWL is to provide many community-based physical activity and physical education programs by preparing students to be direct service providers to individuals with disabilities. Individuals who complete the program will be eligible to receive APE specialist certification. Masters students in this program receive courses in assessment, teaching methods, specific disabilities, curriculum development, and supervision as well as a variety of clinical experiences.

In the Graduate Certification in Special Physical Education program (18 credits total); full time physical education teachers are able to complete their APE certificate in only three summers. At the completion of this program, students will be eligible to receive the add-on certificate in APE. This program provides

teachers who currently teach individuals with disabilities with necessary skills and abilities to effectively teach students with disabilities.

Contact information:

Dr. Manny Felix & Dr. Garth Tymeson

114 Wittich Hall

UW - La Crosse, La Crosse, WI 54601

608-785-8691

specialpops@uwlax.edu; felix.emma@uwlax.edu; tymeson.gart@uwlax.edu

University of Wisconsin, Oshkosh

The University of Wisconsin Oshkosh has developed a minor in APE to ultimately certify prospective teachers with an APE licensure for Wisconsin and also to prepare students with the necessary coursework to take the APENS national examination. The minor can be completed in 26 credit hours.

Contact information:

Dr. Robert Weber

Department of Kinesiology & Health

Kolf Physical Education Center

UW Oshkosh

800 Algoma Blvd.

Oshkosh, WI 54901

920-424-1231

schmidtw@uwosh.edu; weberr@uwosh.edu

Chapter 5 Family Support Organizations

Below are brief descriptions of websites and organizations providing support and resources for parents of children with disabilities.

- ✦ [Attention Deficit Hyperactivity Disorder](#)
- ✦ [Autism](#)
- ✦ [Cerebral Palsy](#)
- ✦ [Deafness](#)
- ✦ [Diabetes](#)
- ✦ [Disabilities](#)
- ✦ [Down syndrome](#)
- ✦ [HIV/AIDS](#)
- ✦ [Mental Retardation](#)
- ✦ [Multiple Sclerosis](#)
- ✦ [Muscular Dystrophy](#)
- ✦ [Spina Bifida](#)
- ✦ [Spinal Cord Injuries](#)
- ✦ [Turret's Syndrome](#)
- ✦ [Visual Impairments](#)

Attention Deficit Hyperactivity Disorder

<http://www.help4adhd.org/>

This website is the National Resource on AD/HD. In the search box, type in parents, and a section will show up called "Parenting a Child with AD/HD." Here you can find local support groups for parents as well as seek help for your child.

Autism

<http://www.autismspeaks.org/?qclid=CPe79Nz785gCFQwNGgodN3NB1Q>

Autism Speaks launched the online family services resource guide. This database, which has grown to over 15,000 entries, allows families to search by state or zip code to find a wide range of local or regional services.

<http://www.easterseals.com/site/PageServer>

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years. From child development centers to physical rehabilitation and job training for people with disabilities,

Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

Cerebral Palsy

<http://www.ucp.org/>

This website is to the United Cerebral Palsy organization. There are links for parents and families, employment opportunities, health and wellness and much more.

Deafness

<http://www.agbell.org/DesktopDefault.aspx>

This website is the Alexander Graham Bell site. The parents section is there to give support and information to the families and friends of a child who is deaf. There are message boards, resources and news for parents.

Diabetes

<http://www.diabetes.org/>

At the American Diabetes Association website you can find books, magazines and articles specifically on raising children who have diabetes.

Diabetes, Children with

http://www.childrenwithdiabetes.com/index_cwd.htm

The website, "Children with Diabetes", identifies camps, conferences, and chat rooms available for the parents of children with diabetes

Disabilities

<http://www.nichcy.org/pages/home.aspx>

This center provides information about:

- disabilities in children and youth;
- programs and services for infants, children, and youth with disabilities;
- IDEA, the nation's special education law;
- No Child Left Behind, the nation's general education law; and
- research-based information on effective practices for children with disabilities.

Down syndrome

<http://www.bandofangels.com/>

Band of Angels is the world's largest provider of non-medical information on Down syndrome. Established in 1994 by Cynthia Kidder, a national advocate for

educating and employing children with Down syndrome and other disabilities, Band of Angels produces [high-end stationery products](#), [Halo with a Twist® jewelry](#), and [other products](#) that celebrate life with Down syndrome.

HIV/AIDS

<http://kidshealth.org/parent/infections/std/hiv.html>

Provides information relating to the general health of children with HIV, their growth and development, the signs and symptoms, how it can be transmitted and additional information to can assist a parent of a child with HIV.

<http://www.webmd.com/hiv-aids/default.htm>

This is a medical website that families can go on to find out more information about their child’s specific disability.

Mental Retardation

<http://www.aamr.org/>

American Association on Intellectual and Developmental Disabilities (AAIDD) promotes progressive policies, sound research, effective practices and universal human rights for people with intellectual and developmental disabilities.

Multiple Sclerosis

<http://www.nationalmssociety.org/>

The National Multiple Sclerosis Society provides a site for parents and families of children with MS. On the left side of the page, you can click on “~~Programs~~” and different topics will show up; for example, a program calendar, caregiver programs, and research on MS.

Muscular Dystrophy

www.parentprojectmd.org

This website is called “Parent Project of Muscular Dystrophy.” This has news releases, educational services, treatment, emotional issues and more for parents of children with muscular dystrophy

Spina Bifida

<http://www.sbhao.on.ca/>

The “Spirit, Breakthrough and Hope” website provides information about Spina Bifida, the different medical treatments, the associations from around the world, as well as current research related to Spina Bifida.

Spinal Cord Injuries

www.spinalcord.org

The National Spinal Cord Injury Association provides indexed topics from A-Z with sites and resources just for parents, families and caregivers of people with a spinal cord injury.

<http://www.ninds.nih.gov/disorders/sci/sci.htm>

The mission of National Institute of Neurological Disorders and Stroke (NINDS) is to reduce the burden of neurological disease - a burden borne by every age group, by every segment of society, by people all over the world.

Turret's Syndrome

<http://www.tsa-usa.org/>

At the Turret's Syndrome Association website parents can learn about medical research, news and events, and can also subscribe to their newsletter.

Visual Impairments

<http://www.campabilities.org>

Camp Abilities is a one week developmental sports camp for children who are visually impaired, blind, or deafblind. The camp is set up to provide a 1:1 instructional situation for each child.

<https://nfb.org/nfb>

With more than 50,000 members, the National Federation of the Blind (NFB) is the largest and most influential membership organization of blind people in the United States. The NFB improves blind people's lives through advocacy, education, research, technology, and programs encouraging independence and self-confidence. It is the leading force in the blindness field today and the voice of the nation's blind. In January 2004 the NFB opened the National Federation of the Blind Jernigan Institute, the first research and training center in the United States for the blind led by the blind.

Chapter 6 Human Resources

Below are some of the professionals who can be involved in the adapted physical education process. Brief descriptions of their services, how they can assist with APE, and links to their professional organizations are provided.

- ✦ [American Sign Language](#)
- ✦ [Assistive Technology Specialists](#)
- ✦ [Health Service Personnel](#)
- ✦ [Occupational Therapists](#)
- ✦ [Orientation and Mobility Specialists](#)
- ✦ [Physical Therapists](#)
- ✦ [Recreation Therapists](#)
- ✦ [Social Workers](#)
- ✦ [Speech and Language Therapists](#)
- ✦ [Vision Specialists](#)

American Sign Language

ASLPro.com was created to be a free resource for the classroom teacher. Teachers can create accounts and personalize a quiz for their students' use, then take them into a lab and let them practice seeing models other than their own teacher. Because our signs are designed to be used in student quizzes, Non-Manual Signals are purposefully omitted.

American Sign Language: <http://www.aslpro.com/>

Assistive Technology

Assistive Technology Service Personnel provide a valuable service for students with disabilities. Accessing technology can be a key to functional performance. These personnel can advise and assist with acquiring such devices as switches, PDAs, communication devices, and video systems.

The Alliance for Technology Access: <http://www.ataccess.org/>

Health Services

Health Service Personnel ensure the medical needs of students with disabilities are attended to. Areas addressed include maintenance of medications, catheterizations, tracheotomy tubes, and feeding tubes. All of these areas may need attention during physical education.

American School Health Association: <http://www.ashaweb.org/>

Occupational Therapy

Occupational therapists use purposeful activity to improve daily living skills; academic and vocational pursuits; and play or leisure activities that occur in school environments. Areas commonly addressed by occupational therapists and adapted physical educators include sensory needs, dressing skills, and ensuring access to the physical education environment.

The American Occupational Therapy Association: <http://www.aota.org/>

Orientation and Mobility

Orientation and Mobility Specialists assist students with visual impairment navigate and orient themselves in their school environment. They focus on spatial and environmental concepts and provide travel training. They can provide the physical educator with advice relating to safe ambulation in class.

Association for Education and Rehabilitation of the Blind and Visually Impaired: <http://aerbvi.org/>

Physical Therapy

Physical Therapists in the schools address a child's ability to move as independently as possible in the school environment. The school physical therapist evaluates the child's ability to move throughout the school and to participate in classroom activities. Physical therapists typically overlap in services with adapted physical education in the fitness components of flexibility and muscular strength and endurance. They also address ambulation and mobility.

American Physical Therapy Association:
<http://www.apta.org//AM/Template.cfm?Section=Home>

Recreation Therapy

Recreation Therapists are not often found in the schools but could be essential for successful recreation transition. Their services should be a viable related service provided to students as they learn to manage their leisure skills. Therapeutic Recreation provides treatment and recreation services to individuals with illnesses or disabilities. Treatment services restore, remediate, or rehabilitate in order to improve functioning and independence as well as reduce or eliminate the effects of illness or disability. Recreation services provide individuals with disabilities and illnesses with opportunities that can improve health and well-being in recreational settings. Therapeutic recreation is provided by professionals who are trained and certified, registered and/or licensed in this area.

National Council on Therapeutic Recreation Certification:
<http://www.nctrc.org/>

Social Work

Social Workers provide ecological support for children and families with disabilities. They obtain student histories, provide counseling, and assist with behavior intervention. Social workers can provide valuable information for adapted physical educators completing assessment and determining behaviors strategies for students with disabilities.

School Social Work Association of America: <http://www.sswaa.org/>

Speech and Language Therapy

Speech and Language Therapists improve communication behaviors of students with speech and/or language deficits. Physical educators should be aware of each student's primary form of communication and attempt to become competent in those areas. Occasionally speech/language therapists enjoy providing services during physical education as this environment often elicits frequent communicative attempts from the student.

American Speech-Language-Hearing Association:
<http://www.asha.org/default.htm>

Vision Therapy

Vision Specialists evaluate student needs, modify activities, provide needed equipment, and provide suggestions for teachers of students with visual impairments. They can assist the adapted physical educator with understanding and accommodating for their students with visual impairments.

Association for Education and Rehabilitation of the Blind and Visually Impaired: <http://aerbvi.org/>

Chapter 7 Media

The following media are valuable resources in adapted physical education. Click on the titles to go to the listings on the internet.

- ✈ [Textbooks](#)
- ✈ [Supplementary Books](#)
- ✈ [Disability Sport](#)
- ✈ [Assessment](#)
- ✈ [Videos](#)
- ✈ [Periodicals](#)

Textbooks

Adapted Aquatics Programming: A Professional Guide by Monica Lepore, G. William Gayle, and Shawn F. Stevens

Adapted Physical Activity by Robert Steadward, Garry D. Wheeler, and E. Jane Watkinson

Adapted Physical Activity, Recreation and Sport by Claudine Sherrill

Adapted Physical Education and Sport by Joseph P. Winnick

Assistive Devices, Adaptive Strategies, and Recreational Activities for Students with Disabilities by Buzz Williams

Case Studies in Adapted Physical Education: Empowering Critical Thinking by Samuel R. Hodge, Nathan M. Murata, Martin E. Block, and Lauren J. Lieberman

Developmental/Adapted Physical Education: Making Ability Count (4th Edition) by Michael Horvat, Carl B. Eichstaedt, Leonard H. Kalakian, and Ron Croce

Developmental and Adapted Physical Activity Assessment by Michael Horvat, Martin E., Ph.D. Block, and Luke Kelly

Making Connections: From Theory to Practice in Adapted Physical Education by Janet A. Seaman, Karen P. DePauw, Kimble B. Morton, and Kathy Omoto

Positive Behavior Management in Physical Activity Settings-2nd Edition by Barry Lavay

Practicum In Adapted Physical Activity by Claudia, Ph.D. Emes and Beth P. Velde

Principles and Methods of Adapted Physical Education and Recreation by David Auxter, Jean Pyfer, and Carol I. Huettig

Teacher's Guide to Including Students with Disabilities in General Physical Education by Martin E. Block

Supplementary Books

Activity for Everyone: Children of All Abilities in a Regular Physical Activity Program, 2nd Edition, by Deborah Randazzo and Kris Corless

Adapted Games and Activities: From Tag to Team Building by Pattie Rouse

Adapted Physical Education National Standards: National Consortium for Physical Education and Recreation for Individuals with Disabilities by Luke E., Ph.D. Kelly

Strategies for Inclusion: A Handbook for Physical Educators by Lauren J. Lieberman and Cathy Houston-Wilson

Including Students with Disabilities in Physical Education, by April Tripp, Cindy Piletic, and Garth Babcock, Editors

Including Youth with Disabilities in Outdoor Programs by Steve Brannan, Ann Fullerton, Joel Arick, Gary Robb & Mike Bender

Inclusion Through Sports by Ronald W. Davis

Inclusive Creative Movement and Dance by Kaufmann, Karen A.

Inclusive Games by Susan L. Kasser

Inclusive Physical Activity by Kasser, Susan L.

Games for People with Sensory Impairments by Lauren Lieberman

Physical Activities for Improving Children's Learning and Behavior by Billye Ann Cheatum

Perceptual-Motor Behavior in Down Syndrome by Daniel J. Weeks

Re-envisioning Dance by Jane Elin and Boni Boswell

The Teacher's Survival Guide Book (Adapted PE) by Christine Stopka

Disability Sport

Disability Sport by Karen P. Depauw and Susan J. Gavron

Disability Sport and Recreation Resources by Michael J. Paciorek and Jeffery A. Jones

Fitness Programming and Physical Disability: A Publication for Disabled Sports USA by Disabled Sports USA and Patricia D. Miller

Raising the Bar: New Horizons in Disability Sports by Artemis Joukowsky II, Larry Rothstein, and Christopher Reeve

Assessment

The Brockport Physical Fitness Test Manual by Joseph P. Winnick and Francis X. Short

The Louisiana Competency Test for Adapted Physical Education
<http://www.doe.state.la.us/lde/uploads/2674.pdf>

Project MOBILITEE

http://www.tahperd.org/LINKS/links_popups/links_popup_APE_tests.html

Videos

The following videos can be purchased through the [PE Central Store](#).
<http://emerchant.aciwebs.com/stores/pecentral/>

ACCESSories: Adapted Physical Education Equipment Designed with Activity in Mind

Autism: Equipment Turn-on's for Adapted Physical Education

disAbility Awareness

How Can We All Play? Severe disAbility in PE

Toys from Trash: Inexpensive Equipment Options for Physical Education

Periodicals

- ✈ **Ability**
<http://www.abilitymagazine.com/>
- ✈ **Active Living**
www.activelivingmagazine.com
- ✈ **Adapted Physical Activity Quarterly**
<http://www.humankinetics.com/APAQ/journalAbout.cfm>
- ✈ **Journal of Physical Education, Recreation and Dance**
<http://www.shapeamerica.org/publications/journals/joperd/index.cfm>
- ✈ **New Mobility**
www.newmobility.com
- ✈ **Palaestra**
<http://www.palaestra.com/>
- ✈ **Sports and Spokes**
<http://www.pvomagazines.com/sns/>
- ✈ **Teaching Exceptional Children**
<http://escholarship.bc.edu/education/tecplus/>
- ✈ **The Exceptional Parent**
<http://www.eparent.com/>

Chapter 8 Specialists in the Field

The purpose of this section is to identify noted Adapted Physical Education Specialists. Professionals are sorted by geographic region. These individuals may be available to present professional development workshops and/or answer questions related to the fields of Adapted Physical Education and Adapted Physical Activity.

- ✈ [West](#)
- ✈ [Midwest](#)
- ✈ [East](#)
- ✈ [South](#)

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