

Activity Name: Round About Your Friends	Grade Level: K-5	Activity Length: 30 min.
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Before beginning, teachers should offer accommodations specifically mentioned in a student’s IEP to support their ability to participate in the activity.

Standard(s) and Grade-Level Outcome(s) or Indicator(s):

Standard 4: Exhibits responsible personal and social behavior that respects self and others.

- S4.E4 Working with others

Materials Needed:

- Poly spots/cones/pair
- Music
- Speaker
- Large open area

Objective(s): *By the end of the activity, students will be able to...*

1. Get to know other students in class and share something about themselves with other students.

Activity Progression

- Place poly spots/cones in a large circle inside the basketball court. Divide up the class into equal halves. Have one group form a circle outside the poly spots/cones and the other inside the poly spots/cones and have them face each other.
- When the music starts, the circles will walk to their right (going opposite directions). When music stops, students meet a person by a poly spot or cone across from them. They will introduce themselves; perform a movement that they choose together or one that you call out, and answer the get-to-know-you questions.
- Next do a “Would You Rather” round and ask students to pick which they would rather with the person they stop in front of.
- To get to know the whole class, have students move to the side of the room that corresponds to that option. Once they are in that area, have them return to a circle and then ask another question.
- Would You Rather Questions:
 - Play with someone or by yourself
 - Listen to music or a read a book/have someone read to you
 - Run two miles or walk four miles
 - Run seven miles in one day or one mile every day for seven days
 - Pizza or chicken wings: break up again into boneless or bone in, thin crust or thick crust, then tell someone in your group your favorite pizza topping and flavor of wings
 - Do you have siblings or are you an only child? How many siblings do you have?

- Dog person or cat person/big dog or little dog/short-hair or long-hair cat/tell someone your pet's name
- Spring, summer, fall, winter — choose a side of the room. What are your favorite things about that season?
- Instagram or Snap Chat
- Zoo or aquarium — what is your favorite animal?
- Comedy, action, horror, drama — favorite movie
- Starbucks or Dunkin Donuts — favorite thing to get there
- Beach or mountains — gulf side or ocean side, Smoky Mountains or Rocky Mountains
- Fly or drive — favorite place to fly or drive
- Go bowling or go to the movies
- Write an essay or give a presentation
- Ice cream or cake — favorite flavor

Modifications/Differentiations

- Allow students to select the Would You Rather questions.
- Have movements already placed on the cones or poly spots.
- Alternate directions of movement within circles.
- Change running/walking to other locomotor skills.
- Use visuals to show exercises.

Checks for Understanding/Assessment Strategies

- Ask for volunteers to report out on who they met.
- Discuss modifications or adaptations about exercises used.
- Self-evaluate fitness levels: what was hard to complete, what was easy, areas of improvement.