

CSPAP: Bridging the Gap Between Research and Practice January 16 at 6pm EST, [Register here!](#)

Explore the latest findings in Comprehensive School Physical Activity Programs (CSPAP) during our upcoming webinar. Join Drs. Aaron Beighle and Heather Erwin as they delve into research-backed insights, providing practical strategies to bridge the gap between CSPAP theory and implementation. Enhance your understanding of promoting physical activity in school settings for a holistic approach to student well-being. *Hosted by the CSPAP Research SIG*



Heather Erwin earned her Ph.D. in 2006 from the University of Illinois at Urbana-Champaign in Pedagogical Kinesiology and Master's in Adapted Physical Education from the University of Arkansas. Her undergraduate degree is in K-12 Physical Education with teaching certification. She is currently a Professor in the Department of Kinesiology and Health Promotion at the University of Kentucky, where she serves as Department Chair. She has taught public school physical education and worked with teachers and administrators in school districts, recreation programs, and youth sport organizations across the country to promote youth to be physically active for a lifetime. She has authored over 100 articles, books, chapters, and position statements, both data-based and applied. She is a co-author of *Dynamic Physical Education for Secondary School Children 8th-10th editions*.

Aaron Beighle holds a Ph.D. from Arizona State University. He teaches classes in physical education teacher education, coaching education, and youth physical activity promotion. Dr. Beighle regularly collaborates with a variety of organizations interested in youth physical activity and has been a leading advocate for Comprehensive School Physical Activity Programs since its inception in 2006. Aaron has written more than 85 research-based and practical articles as well as six books, most notably *Dynamic Physical Education for Elementary School Children*. He recently collaborated with Dr. Bob Pangrazi and Gopher to make their widely used lessons plans available for free via dynamicpeasap.com.

